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# WEEK FIVE

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Welcome to the fifth week of Mentor Her program. Last week, was concerned with where your Mentee could find personal success by introducing her to some tricks to help her better manager her lifestyle. This week, is about encouraging your Mentee to consider where her professional success lies by finding out where she lands on the ladder of growth. Hopefully, this will allow her to understand better where her professional position lies in relation to her current goals and how she can take the next step to self-development in a professional sense.

## WEEK FIVE MANUAL INCLUDES:

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Considering the next step for your Mentee like:

- Does she need to do more research about the industry, company or career she wants to pursue?
- Does she need to get experience? How can she do that- could she get an internship, join a new project or help out a family friend who's running their own business?
- Does she need to improve her CV?
- Is she ready to apply for her next position, how should she go about this?
- Does she need to upskill? Where can she go to improve her skills?
- Does she need to speak to someone in her company to identify herself as a candidate to move into a higher role?
- Does she need to connect with someone who can help her get ahead? How and where will she be able to do this?

## QUESTIONS YOU CAN ASK HER:

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If you need to ask questions this week for your Mentee, consider what stage she is at. There are lots of ways you can help her this week to get to the next level- maybe by reading her CV, highlighting the best platform to apply for jobs, or recommending a good course for upskilling.

Next week, we go through the ways that your Mentee can gain the confidence she needs to take the next step forward.