## WEEKTHREE

Welcome to the third week of Mentor Her programme. Last week, was all about where your Mentee could find happiness in her career. Hopefully, if she is considering changing a job, industry or company- she has a better understanding of what she's looking for in her long term goals. Like, what type of job she wants to pursue, what industry she's interested in working in and the types of companies that will offer the opportunities and culture that she wants to have in life. This week is about identifying the next step in her career.

## **WEEK THREE MANUAL INCLUDES:**

Considering the next step for your Mentee like:

- Does she need to do more research about the industry, company or career she wants to pursue?
- Does she need to get experience? How can she do that- could she get an internship, join a new project or help out a family friend who's running their own business?
- Does she need to improve her CV?
- Is she ready to apply for her next position, how should she go about this?
- Does she need to upskill? Where can she go to improve her skills?
- Does she need to speak to someone in her company to identify herself as a candidate to move into a higher role?
- Does she need to connect with someone who can help her get ahead? How and where will she be able to do this?

## QUESTIONS YOU CAN ASK HER:

If you need to ask questions this week for your Mentee, consider what stage she is at. There are lots of ways you can help her this week to get to the next level- maybe by reading her CV, highlighting the best platform to apply for jobs, or recommending a good course for upskilling.

The best thing you can do is share your experience that you or others you know have had when they were at the same position your Mentee is at now.

Next week, we go through the ways she can improve her personal pitch in order to gain the confidence it will take to get to the next step.